

SSD Lesson Plan - 50 Calls – Brief description reminders

Circle Left / Circle Right Forward and Back – Palms up for men

Dosado – Right shoulders back to back

Swing – Right hips together turning CW

Promenade (Couples / Single File / Wrong Way)

Allemande Left / Arm Turns – Forearms, turning $\frac{1}{2}$, release step forward

Right & Left Grand (Weave the Ring / Wrong Way Grand)

Left Hand Star / Right Hand Star – Hands pointing upward, pack saddle for men

Courtesy Turn – As couples, girls moves forward as boys back up offering left hand in front of girl palms up and girls palms down. Couple ends facing opposite wall.

Ladies Chain – Facing couples, girls give a right, pull by and men offer left hand palms up to Courtesy Turn her.

Pass Thru – Pass right shoulder, no change in facing direction

Wheel Around – As couples, boy backs up, lady moves forward to face opposite wall

Star Thru / Slide Thru – Lady turns $\frac{1}{4}$ left while men turn $\frac{1}{4}$ right

Half Sashay / Rollaway / Ladies In, the Men Sashay

California Twirl – Couples arch, lady duck under both to face opposite wall

Bend the Line – As couples, face the adjacent couple

U-Turn Back / Backtrack – Turn around in place towards partner.

Dive Thru – Centers arch, outsides duck thru, as archers step ahead & California Twirl

Square Thru – Always 4 hands unless otherwise directed. Pull by on last hand

Grand Square – Sides face, back away 4 counts & face in, Heads move forward. . .

Lead Right / Lead Left – As a couple, lead right/left to face couple on right/left

Veer Left / Veer Right – Facing couples both slide right/left to a two faced line

Circulate (Couples, Boys, Girls, Ends, Centers) Move forward to next position

Trade (Couples / Named Dancer) – Change places to face opposite wall

Chain Down the Line – Ladies trade and boys curtesy turn her

Right & Left Thru – Facing couples rights pull by, men curtesy turn her

Flutterwheel / Reverse Flutterwheel – Right/left forearms, bring opposite back

Sweep a Quarter – As a couple, circle $\frac{1}{4}$ in direction of flow

Circle to a Line – Facing couples veer left, then veer right behind each as out facers wheel in

Separate Around 1 or 2: (To a Line / Come Into the Middle)

Split 2 - Go between two dancers, step forward as other couple slide together

Wheel & Deal – Lines facing out, couple on right wheels in first, left couple wheels in behind

Double Pass Thru – All four couples facing in, pass thru twice

First Couple Left/Right, Next Couple Right/Left – Wheel right/left to a line of 4

Ocean Wave / Step to a Wave – Step forward to form a right handed ocean wave

Alamo Style / Balance – Ocean waves in a circle of eight

Trade (Named Dancers, Right/Left Hand) – Arm turn $\frac{1}{2}$ by the right/left

Swing Thru – In an ocean wave, turn $\frac{1}{2}$ by the right and those who can turn $\frac{1}{2}$ by the left

Run – Move forward around adjacent dancer to face opposite direction. Non-runner slides over

Cross Run – Move in a semi-circle to vacated spot of farther non-runner. Non-runner slide over

Pass the Ocean – Facing couples, girls left touch $\frac{1}{4}$ one quarter, men go to the end of the wave

Extend – From ocean waves, drop hands and step forward. If facing a new couple, step to a wave

Zoom – Couples behind each other, lead couple separates and rolls behind trailing couple

Centers In – Completed double pass thru, trailing dancers step between leaders

Cast Off $\frac{3}{4}$ – As a couple, center dancers move forward. End dancers as pivots move $\frac{3}{4}$ to face in

Ferris Wheel – Couples facing in step forward to a two face line, all wheel in to center

Partner Trade – Face partner, pass right shoulders and face in. Ends facing opposite wall

Trade By – Couples back to back. Centers pass thru as out facers partner trade

Box the Gnat – Right hands are joined, lady turns left under an arch, both end facing hands joined

Hinge (Single / Couples) – H ands joined - $\frac{1}{2}$ a trade

Touch 1/4 – Touch right hands and turn $\frac{1}{4}$

Circulate (All 8 / Single File) – Everyone circulates simultaneously moving to next position.

Tag the Line – Dancers face to the center, pass right shoulders all the way though. This call could be followed by: In, Out, Right or Left. When called, dancers turn in place $\frac{1}{4}$ in the direction indicted.

Half Tag – Face to the center, pass right shoulders of one person and step forward to form an O/W

Circulate (Split / Box) – From a mini wave, circulate to the next position

Fold – Step forward and turn to face adjacent dancer

Cross Fold – Fold toward the farthest inactive dancer

Scoot Back – From waves, those facing turn $\frac{1}{2}$ to return facing out. Out facers run to vacated spot

Recycle – Ends of an ocean wave cross folds as centers fold behind to follow to facing as couples